



# Join DIC & DIFRC...

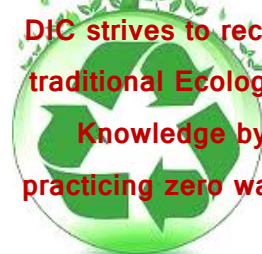
## *Front Lawn to Garden, Soil Amending and Seed Skills Sharing Workshop!!*

**At The DENVER INDIAN CENTER**  
**Saturday March 16<sup>th</sup>, 9am-noon**  
**4407 Morrison Road**  
**Everyone welcome!**

**Call Denver Indian Center**  
**at (303)936-2688**  
**for more information!**



Please bring your re-usable water bottle and use sunscreen. DIC strives to reclaim traditional Ecological Knowledge by practicing zero waste.



The Colorado Health Foundation™



Denver Indian  
Family Resource Center



Please join us for a morning of soil amending and seed skills sharing, let's get ready for spring garden planting! Please invite your family, friends, and neighbors, there will be a healthy potluck lunch after, please bring a dish to share if you like.

What can you bring from home? Used coffee grounds, (organic), brown paper sacks, cardboard boxes, newspaper (non glossy), dried leaves, or dried grass clippings (pesticide free) dry straw, 100% cotton very worn, torn up jeans or t-shirts or cut into strips. Wood mulch, sawdust, hardwood ash.

Let's practice Indigenous sustainability, bring your own reusable plate, cup and silverware, and receive a door prize! Please bring gloves and a shovel if you have one. Please dress in warm layers.

Presented through a partnership between The Denver Indian Center,  
 The Denver Indian Family Resource Center and The Colorado Health Foundation.